



Name:

Date:

Purple Day is on March 26th
every year!

What is Purple Day? Purple Day is a day when we all wear purple (the colour that represents epilepsy), and we do something to teach others about what epilepsy is!

How did Purple Day start? Purple Day was started in Nova Scotia by a student who had epilepsy and wanted to help teach other kids about what epilepsy was.

Activity Directions: Show your purple spirit by colouring the epilepsy purple ribbon. Be creative! Then, show your artwork to someone else and telling them what the purple ribbon is for.

